My Bio -

My name is Sasha Hales and I am finishing my postgraduate studies in Contemporary Performance at Liverpool Hope University. I also hold a First-Class Honours in Drama & Theatre Studies and I am specialized in applied drama for young children. I strongly believe that drama is a fundamental tool for developing a flexible and creative personality by supporting children in building relationships on stage and with audiences. Alongside my studies, I work as a Supporting Artist in Films. I also love to travel and explore different cultures, I have recently returned from Brazil, where I worked with children and young adults over the summer. My research to date has primarily been looking at children's mental health, and how drama can help them to become more confident and engaged with studies. My work looks at collaborating with children, and working with them to enhance their knowledge and create work that they are passionate and proud of.

CHIVALRY

Step back in time and delve into the legendary world of knights and their noble code in our engaging workshop, "Chivalry Unveiled: Exploring the Code of Knights." This interactive session will uncover the principles of the chivalry story, emphasizing values like honor, courage, loyalty, and courtesy. By each child following the story of the two knights, they will be allowed to go on an adventure, discovering twists and turns along the way, and ending the story the way they want to, taking inspiration from what they saw before them. Each child will be able to assign themselves at the beginning either one of the knights, or the wise man, and throughout the workshop, hone their persona into the performance. Through storytelling and activities, they will also explore the historical context and its relevance today, fostering a sense of respect and ethical behaviour. Join us to experience the spirit of knighthood and leave inspired by the virtues of true chivalry in your daily interactions. This workshop promises an enriching journey into the heart of medieval noble code.