

Books and Banter

Happiness

11 October 2024

We discussed:

Bates, HE	The Darling buds of May
Carr, JL	A Month in the country
Collins, Bridget	The Binding
Cotton, Fearne	Happy
Crompton, Richmal	Just William
Deepak, Chopra	The Ultimate happiness prescription
Dick, Philip K	We can remember it for you
Gibbons, Stella	Cold Comfort Farm
Hughes, Shirley	Dogger
Joyce, Rachel	The Unlikely pilgrimage of Harold Fry
Kolk, Bessel van der	The Body keeps the score
Leendertz, Lia	The Alamanac
Milligan, Spike	Adolf Hitler, my part in his downfall
Milne, AA	Winnie the Pooh
Mitford, Nancy	The Pursuit of love
Murakami, Haruki	What I talk about when I talk about running
Osman, Richard	The Thursday murder club
Rubin, Gretchen	The Happiness project
Sunim, Haemin	The Things you can see only when you slow down
Thayer, Nancy	Stepping
Townsend, Sue	Adrian Mole (series)
Wiking, Meik	The Little book of Lykke
Wodehouse, PG	Blandings/Jeeves (series)

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